

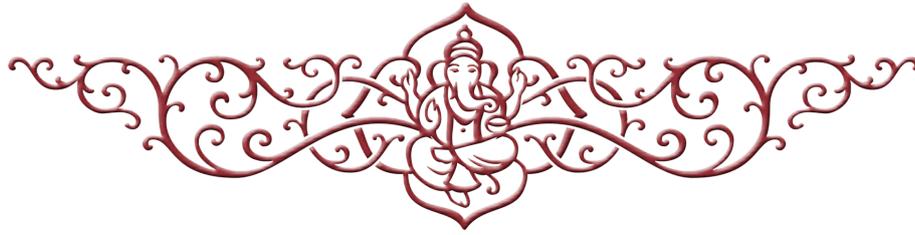
WELLNESS CAMP SCHEDULE

SUNDAY 25TH MARCH 2018

Time	Program Activity	Program Activity
600	Collective Meditation	
700	Collective Shoebeat	
730	Breakfast	
900	Individual clearing	
1030	Collective Footsoak	Registration & set-up tents/ Accommodation
1230	Shri Rama Navami & Official Welcome	
1400	Lunch	
1600		
1700		
1800	Dinner	
1930	Music Program	

MONDAY 26TH MARCH 2018

Time	Program Activity	Program Activity
600	Collective Meditation with Drs	
700	Collective Shoebeat	
730	Make appointment for Drs	
800	Breakfast	
900	Group appointments with Doctors	Registration
1300	Lunch	
1400	Individual/Group appointments with Drs	
1700	Collective footsoak	
1800	Dinner	



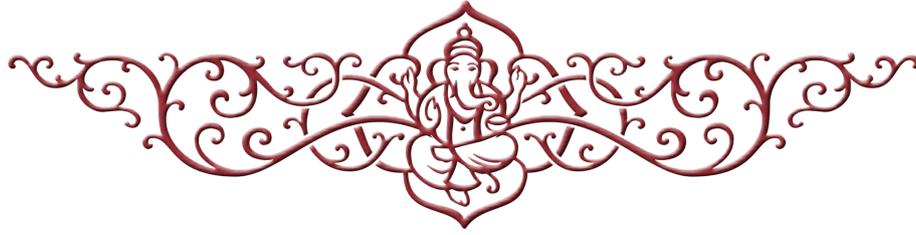
WELLNESS CAMP SCHEDULE

TUESDAY 27TH MARCH 2018

Time	Program Activity	Program Activity
600	Collective Meditation with Drs	
700	Collective Shoebeat	
730	Make appointment for Drs	
800	Breakfast	
900	Group appointments with Doctors	Registration
1300	Lunch	
1400	Individual/Group appointments with Drs	
1700	Collective footsoak	
1800	Dinner	

WEDNESDAY 28TH MARCH 2018

Time	Program Activity	Program Activity
600	Collective Meditation with Drs	
700	Collective Shoebeat	
730	Make appointment for Drs	
800	Breakfast	
900	Group appointments with Drs	Registration
1300	Lunch	
1400	Individual/Group appointments with Drs	
1700	Collective footsoak	
1800	Dinner	
1900	Vamana Dwadash/Jayanti (Shri Vishnu) Program	



WELLNESS CAMP SCHEDULE

THURSDAY 29TH MARCH 2018

Time	Program Activity	Program Activity
600	Collective Meditation	
700	Collective Shoebeat	
730	Make appointments with Drs	
800	Breakfast	
930	Group appointments with Drs	Registration
1300	Lunch	
1400	Individual appointments for Drs	
1630	Collective footsoak	
1730	Dinner	
1830	Shri Mahavira's Birthday Puja	

