



PROGRAM SCHEDULE

ARRIVAL DAY (Friday, 17-Nov-2023)

8.00 Onwards

Arrivals & Registration

8.30am

Breakfast

1.00pm

Lunch

4.30pm

Evening Tea

5.30pm onwards

MEDITATION followed by MUSICAL EVENING

9.00 pm

9.00pm

Dinner

Dinner

- Registration counter will open at 8:00 am
- All the meals for the day are included in the Samarpan Amount

DAY 2 (Saturday, 18-Nov-2023)				
	6.00am	MORNING MEDITATION		
	7.30am	Morning Tea		
	8.10am	Collective Shoebeat		
	8.30am	Breakfast		
	10.00am	MORNING SEMINAR		
	1.00pm	Lunch		
	Post lunch	Relaxing/ Footsoak/ Candling etc.		
	4.30pm	Evening Tea		
	5.30pm onwards	MEDITATION followed by MUSICAL EVENING		

DAY 3 (Sunday, 19-Nov-2023)				
6.00am	MORNING MEDITATION			
7.30am	Morning Tea			
8.10am	Collective Shoebeat			
8.30am	Breakfast			
10.00am	MORNING SEMINAR			
1.00pm	Lunch			
Post lunch	Relaxing/ Footsoak/ Candling etc.			
4.30pm	Evening Tea			
5.30pm onwards	SHRI MAHALAKSHMI PUJA			
9.00pm	Dinner			

DEPARTURE (Monday, 20-Nov-2023)

6.00am

MORNING MEDITATION

7.30am

Morning Tea

8.30am

Breakfast

Post Breakfast

Departure

*Breakfast and Morning Tea is included in the Samarpan Amount

LIVE STREAMING

We hope from the bottom of our hearts that you will be able to attend the Navaratri Puja Mahotsav. But if not, please click on the link below to watch all the programs live from Nirmal Dham, Delhi

Collective Morning Meditation (5.30am) and Evening Meditation (6.30pm) is conducted on a daily basis at Nirmal Dham. Please visit the link below if you desire to attend the Meditation sessions online.



Live Streaming

REGISTRATION INFORMATION

FOR INDIAN YOGIS

STAYING

- For Indian Yogis, the Samarpan Amount for all registrations after 31st October, 2023 up to 'On-Arrival' will be at an increased amount because for late and last moment registrations additional facilities and infrastructure at increased costs has to be arranged
- For any queries regarding registration and Samarpan Amount, please directly contact the following number -

Finance Team Number: +91 7065088873

 Samarpan Amount for the Seminar can be deposited directly online by Net Banking, Debit/Credit Card or UPI by clicking the link below -

Samarpan Amount

 Once you have deposited the Samarpan Amount, please fill out the form by clicking the link below -

Indian Yogi Registration

NON STAYING

 For Indian Yogis who will not be staying at the facilities provided at Nirmal Dham, registrations and Samarpan Amount for the Puja can be done on arrival at Nirmal Dham

SAMARPAN AMOUNT - INDIAN YOGIS					
CATEGORY	STAYING (3 Days)	NON-STAYING (3 Days)	PUJA DAY		
6-12 Years	INR 1200	INR 800	INR 300		
Adults & YuvaShakti	INR 2000	INR 1300	INR 500		

FOR FOREIGN YOGIS

STAYING

- For Foreign Yogis, the Samarpan Amount for the stay and accommodation from 17th-19th November 2023, will be collected on arrival. No prior remittance is necessary.
- Although, as there are limited staying resources at Nirmal Dham, to help us make necessary arrangements for accommodation and other facilities please register using the link below -

Foreign Yogi Registration

NON STAYING

 For Foreign Yogis who will not be staying at the facilities provided at Nirmal Dham, registrations and Samarpan Amount for the Puja can be done on arrival at Nirmal Dham

Please Note

- Bedding/quilts will be provided for all staying yogis/yoginies.
- The weather will be slightly cold during seminar days, so all yogis/ yoginies are advised to bring warm clothing/ woolens as per their individual need.
- For yogies/ yoginies with the desire to stay at Nirmal Dham before or after the International Shri Mahalakshmi Puja, 2023, the Samarpan Amount for stay and food before 17th November and after 19th November will be separate.
- On 19th November 2023, after the Puja, Maha-Prasad (Dinner)
 will be available for all attendees

ABOUT NIRMAL DHAM



Nirmal Dham holds a special significance in the spiritual growth of each Sahaja Yogi as it is the resting place of our Holy Mother since 23rd February 2011, the day Mother decided to leave the physical aspect of Her most auspicious incarnation.

It was on the advice of Shri Mataji and on Her approval, that the Delhi Sahaja Yoga collective arranged the plot of land for Nirmal Dham, to build an ashram. Mother described the significance of the place as a "Dham" i.e, Divine Abode, thus the name "Nirmal Dham" was christened.

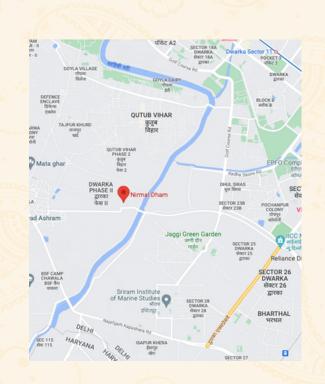
From 2000 onwards, several International Pujas & Marriages, graced by Shri Mataji Herself, have been performed at Nirmal Dham. It continues to host National and International Pujas and is one of the main meditation centers for the Delhi collectivity.

Address

Nirmal Dham,

Param Pujya Shri Nirmala Devi Marg, Chhawla Village, Near Dwarka Sector 23, New Delhi – 110071

(Please click on the google maps for link)



How to reach New Delhi

Nirmal Dham is located in New Delhi, which is the capital city of India. New Delhi is located in the northern region of India and is easily reachable by air, rail or road.

BY AIR

New Delhi is well connected with all major domestic and international cites by flight. The airport in New Delhi is <u>Indira Gandhi International Airport</u> (18km from Nirmal Dham) which operates both international and domestic flights.

BY RAIL

The Indian Railways network connects Delhi to all major and, nearly, all the minor destinations in India. The three important railway stations of Delhi are-

- 1. New Delhi Railway Station (31km)
- 2. Old Delhi Railway Station (33km)
- 3. Hazrat Nizamuddin Railway Station (32km)

From New Delhi Railway Station, one can take Airport Line Metro directly to Dwarka Sector-21 Metro Station or the recently opened Convention Center Metro Station

For all Railways related services please visit <u>www.irctc.co.in</u> to check train routes, fares and schedules.

BY ROAD

Delhi is connected to all major cities of India directly/ indirectly by road. Both government and private transport providers provide frequent bus services. The major Bus Terminals are -

- Inter State Bus Terminus (ISBT) at Kashmiri Gate (32km)
- Sarai Kale-Khan Bus Terminus (32km)
- Anand Vihar Bus Terminus (42km)

For private bus services please visit <u>www.redbus.in</u> to check routes, fares and schedules.

How to reach Nirmal Dham

Within New Delhi, Nirmal Dham is located at Chhawla Village which lies in the residential sub-city of Dwarka. It is very well connected to different parts of the city by road and metro rail and can be reached from airports, railways stations and bus terminals located in Delhi using the following modes -

TAXIS/ CABS/ BUSES

Private cab services and auto rickshaws (Ola, Uber, Blu Smart, local taxis) are available in any part of Delhi. The services are accessible via their respective mobile apps.

At the major transportation hubs, prepaid government regulated taxis are also available. Delhi also has a robust network of Public Bus services

DELHI METRO RAIL

New Delhi has an extensive metro rail network which is connected to each and every part of Delhi. The surrounding cities, a part of the National Capital Region (NCR) - Gurgaon, Noida and Faridabad - are also very well connected to Delhi via metro rail.

Nearest metro station to Nirmal Dham is <u>Dwarka Sector-21</u> <u>Metro Station</u> (5km) from which a free shuttle service to Nirmal Dham will be available. Taxis/ autos from the metro station to Nirmal Dham are also easily available.

For more information, route map, timings etc. you can visit the <u>Delhi Metro Rail Corporation</u> official website

IMPORTANT CONTACTS

We have tried to include all information in the circular, but in case of any additional information, updates or clarifications you can contact us via any of the channels mentioned below -

REGISTRATION

Finance Team	+91 7065088873	
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ACCOMODATION

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TRANSPORTATION

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YUVASHAKTI COORDINATOR

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NIRMAL DHAM INQUIRIES

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Visit Nirmal Dham Website