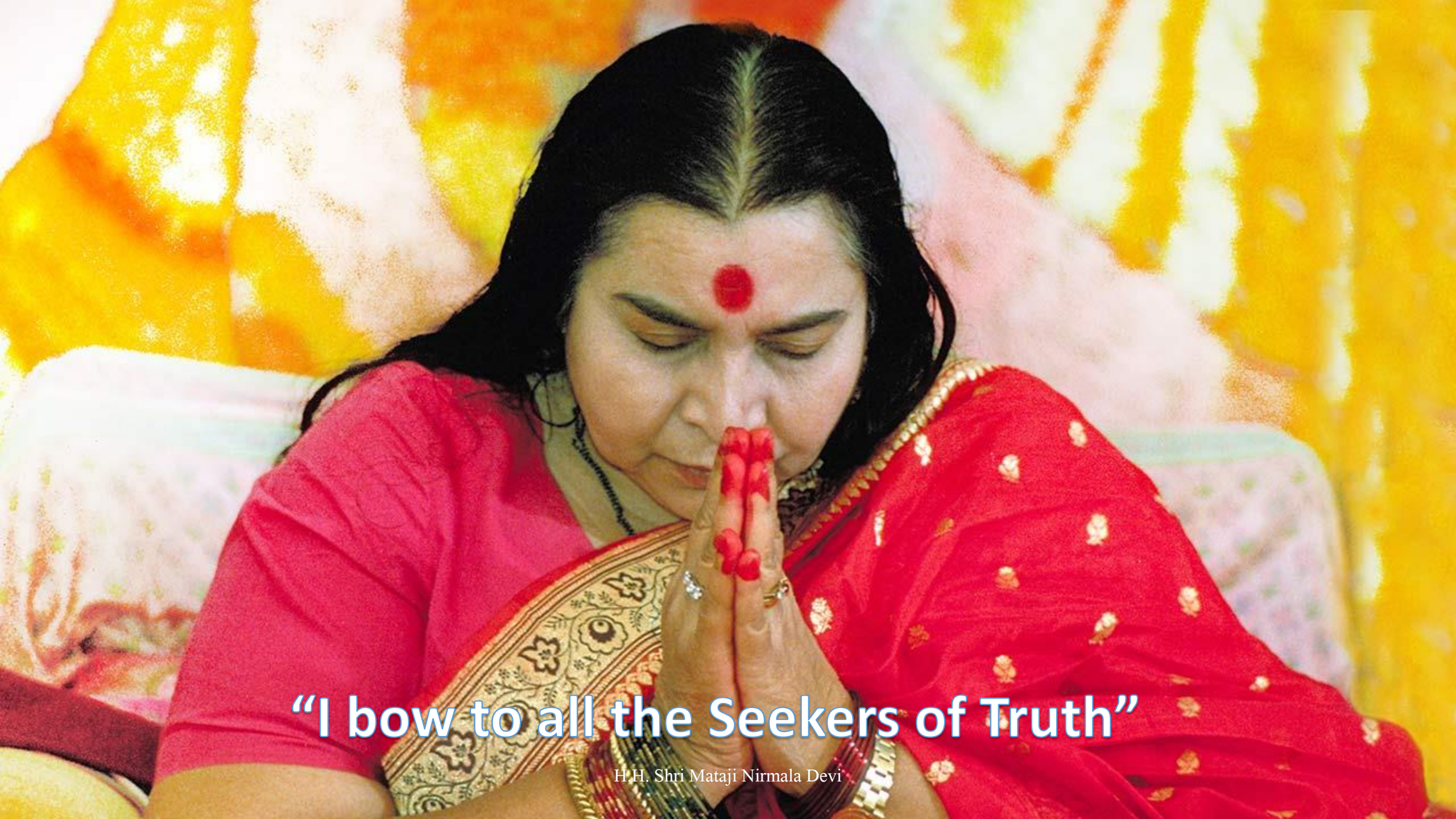




Jai Shri Mataji

21 Days of Meditation – August 2023
Hosted by Australia



“I bow to all the Seekers of Truth”

H.H. Shri Mataji Nirmala Devi



We surrender ourselves at your Holy Lotus Feet Mother



What's the Program?

- 21 Days of online meditation classes for beginners
- Give Self Realisation to seekers and nurture them
- With Core Values & Principles taught by Shri Mataji at the heart of the program
- Increase collective bonding amongst Sahaja Yogis:
 - Within hosting collective (Australia) &
 - Across the world without any geographical limitations
- Follow up program opportunity for the QLD, WA Tours



Statistics (as of 30th June 2023)

- Promoted online in 1200 cities across world in 160 countries
- 480 sign ups from 75 countries covering 261 cities to date
- getting 30 sign ups per day as of now, expecting to end at 1500 sign ups
- 500 emails available from 2021 course
- A limited campaign for Universities as well.
 - expecting to reach out to 100 universities in AU, NZ & America



Row Labels	Count of country
United States	130
Australia	70
India	40
Canada	38
United Kingdom	21
Kenya	9
Philippines	8
Germany	8
Bangladesh	7
Morocco	7
Portugal	6
Turkey	6
Netherlands	6
Malaysia	5
Ireland	5
Indonesia	4
Sweden	4
Spain	4
Egypt	4
Thailand	4
Colombia	3
South Africa	3
Singapore	3
Ethiopia	3
United Arab Emirates	3
Dominican Republic	3
Namibia	3
Italy	3
Belgium	3
Pakistan	3
Nicaragua	3
Lebanon	3

Mexico	3
Ecuador	2
Iraq	2
Saudi Arabia	2
Liberia	2
Israel	2
France	2
Romania	2
New Zealand	2
Serbia	2
Chile	2
Croatia	2
Nigeria	2
Trinidad and Tobago	2
Greece	2
Vietnam	2
Albania	1
Cambodia	1
Tunisia	1
Mongolia	1
Lithuania	1
Hong Kong	1
Denmark	1
Poland	1
Ukraine	1
Kuwait	1
Somalia	1
Bahrain	1
Cameroon	1
Mozambique	1
Taiwan	1
Myanmar	1
Moldova	1
Senegal	1
Jamaica	1

Finland	1
Japan	1
Sierra Leone	1
Norway	1
Belize	1
China	1
Puerto Rico	1
(blank)	
Grand Total	481

(Data as of 30th June 2023)



Collective Support Needed

- This is a Collective Program: We need support from all of you!
- Multiple roles and tasks to do:
 - Core Team
 - Giving Self-Realisation
 - Mentoring & Nurturing Seekers
 - Guiding Meditation Sessions
 - Technical Support
 - Master of Ceremonies
 - Creating Presentations
 - Admin Work
 - Vibrational Support Online/Offline

[Join the Yogis Whatsapp group](#)



Or Visit

Support Website for Yogis:

<https://www.21DaysMeditation.com/help-with-program>



Program Websites

Public Program Website (to be shared with Everyone):

<https://www.freemeditation.com.au/Aug2023>

Yogi Program Website (Only share with Yogis):

<https://www.21DaysMeditation.com>



Thank you Mother for everything!

Jai Shri Mataji!