



**Birth Centenary Celebration
Sahaj Marriages
Birthday Puja 2023
Delhi Sahaj Marriage Committee
The Life Eternal Trust, Delhi
March 22,2023
Nirmal Dham**

Jai Shri Mataji,

Year 2023 will be a landmark year in the journey of Sahaj Yoga for all of us. We will be celebrating 100th birthday of our beloved mother who has given us everything. On that very special occasion we will be hosting marriages in Delhi. Delhi Sahaj Marriage Committee (DSMC) has been constituted last year to host and organise this event every year.

This is an auspicious event and we request all of you to participate with full spirit and give your love, affection and support to the team. All are requested to kindly read and circulate this booklet to the maximum number of Sahaj Yogis so that all can be benefited.

A. INTRODUCTION

Her Holiness Shri Mataji started the concept of Sahaj Marriages for the benevolence of Sahaj Yogis so that they can lead a normal life in the perfect state of meditation. Earlier Shri Mataji herself used to see all applications and decided each and every match and as a result today we can see so many blessed Sahaj families around us and across the globe.

Needless to say Sahaj Marriage is an auspicious event not only for individual Sahaj Yogi or Sahaj Yogini who is participating in the process but also for the collective.

This present booklet will try to explain the expectations and basic requirements of the Marriage Committee. This booklet will also explain expectations and support from country/state/city/centre coordinators.

We urge you to please read it thoroughly before applying as a candidate and signing as a coordinator for the final recommendation. This booklet also contains information about basic procedures of selection process, announcement of marriages and other follow up procedure before and after marriages.

B. SAHAJ MARRIAGE PROCESS

Sahaj Marriage is a marriage solemnised before Adi Shakti and is a spiritual marriage. Sahaj Marriage is completely a collective process and we all are participating in different roles. By signing and giving consent to this marriage application form you are expected to know and accept all the conditions and methods hereby explained.

In case of any doubt or query kindly feel free to contact marriage committee. We request applicants, not to fill the form, if they can't convince themselves or they have any doubt about any process or procedure of the marriage.

After match making and announcement in the collective, DSMC job will be restricted only to arrange final ceremony. Announcement of matches should not be considered as verdict of the DSMC. They should take independent and informed decisions. Candidates are expected to sign consent papers after their own due diligence and their decision is final in this regard.

Sahaj Marriage is an arrange marriage where match matching is done through vibratory awareness. In Sahaj Yoga marriages are performed after looking into various criteria of yogi and yogini and screening committee takes final decision on the basis of vibrations.

The couples matched through vibrational process are announced before the collective and they have some time to meet and know each other. They are completely free to take final decision about marriage. They are not obliged to accept decision or match if they do not feel sure about it.

An advance intimation will be given to all selected candidates so that they can plan their travel but no prior information about the match will be given.

C. THE MARRIAGE COMMITTEE

Shri Mataji, in Her physical form, always had a direct role in matching couples or validating matches done by Sahaj Yogis and Yoginis assisting Her in this auspicious cause. Now as we pray that marriages will be blessed by Shri Mataji in Her Nirakar form, a group of Sahaj Yogis and Sahaj Yoginis will perform this auspicious activity.

All candidates should be briefed in all clear terms that they should not involve themselves in worldly means available to satisfy their brains. In the past It has been found that some applicants after getting the matching announcement refused the match due to worldly reasons like horoscope, geographical location, caste ,religion and financial condition etc.

All coordinators are requested not only to see the information minutely but also to write an honest opinion in the form attached so that it facilitates the Marriage Committee in smooth decision making process. Coordinator should also not hesitate in rejecting any candidate in final remarks who is not committed and needs time to improve. In such cases information will remain confidential with DSMC.

D. ADVISORY FOR COORDINATORS

All coordinators, who are signing the application form, should take maximum care while checking the information given by the candidate in the application form. Sahaj Yogi or Yogini may not be aware of the intricacies of Divine marriage but as an elderly, like a family head, it's our job to sound them about the importance of honesty in the new journey they are going to embark after Sahaj Marriage.

All coordinators are requested to brief candidates about the principles and protocols of Sahaj Marriages. In case of any confusion it's needless to say that we must refer all applicants to the teachings of Shri Mataji.

All coordinators are requested to ensure that applicant is practising Sahaj Yoga from at least last three years and candidate was visible on local centre from last two years regularly. No leniency should be given in this regard. Coordinator should also ensure that candidate is regularly attending meditation centre and is sincerely participating in Sahaj Yoga activities. Applicant's feedback from his/her peer group is also important to write any opinion and reach final conclusion of recommending/rejecting him/her for Sahaj Marriage.

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E. ADVISORY FOR THE APPLICANT

Marriage application form is divided into multiple parts and idea is to get maximum information so that initial screening is transparent. This will help Marriage Committee to take clear view in processing the forms. Information filled by applicant in the application form has to be validated by the coordinator.

Important for all applicants to understand that Coordinator is an important extension of Marriage Committee and without coordinator's recommendation Marriage Committee will not proceed on its own.

All parts and columns in the form are important and applicants are requested to fill them properly and attach all required documents so that it is easily accepted. We should be committed for the positive outcome of this marriage process. As a Sahaj Yogi/Yogini we should avoid divorce in Sahaj Yoga. Divorce situation is not good and is always unhealthy, unhappy and can become ugly. And not to reach such condition we should avoid any ambiguous information in the application form.

Similarly while accepting proposal after announcement we should check and recheck all aspects clearly and own the responsibility. Owning responsibility is first step when we believe in the process. And also it reaffirms our faith that final decision and outcome is the blessing of Shri Mataji.

Finally this is a Divine work and we should not take marriage process casually.

F. ANNOUNCEMENT OF MATCHES

Public announcements of matches will be done on March 18,2023 without verifying preliminary acceptance from the candidates, as was traditionally done in Shri Mataji's presence. After match announcements, the couple is expected to meet and talk to each other within the time period available and convey their decision to the Marriage Committee.

After announcement in case of any disagreement they should come together and explain the reasons to the committee. In such cases Marriage Committee will not force them and individual's decision will be respected. Third party refusals or acceptance will not be accepted. Once couple decides to go ahead with the marriage, they have to register with the Marriage Office with new Sahaj Marriage Registration Form .

G. SCHEDULE

1.	January 1st, 2023	Forms will be uploaded on the website and circulated
2.	February 7th, 2023	Last date of submission of forms
3.	February 8th to 14th, 2023	Screening of forms
4.	March 1st, 2023	Intimation to candidates about acceptance of their forms
5.	March 7th, 2023	Intimation to matched candidates so that they can plan travel
6.	March 18th, 2023	Announcement of matched couples
7.	March 22nd, 2023	Marriages

H. MARRIAGE COMMITTEE

- Chairman HH Shri Mataji Nirmala Devi
- Vice Chairman Sh. N.P. Singh
- Trust Representative Sh. Rohit Khanna (Trustee - The Life Eternal Trust, Delhi)
- Ten nominated members from other states of India.

Thanks for reading this. We are looking forward for your cooperation and prayers for this auspicious cause. For any query or information you can reach us on sahajmarriages@gmail.com.

Jai Shri Mataji

Sincerely yours



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