# INTERNATIONAL BIRTHDAY PUJA SEMINAR & SAHAJA MARRIAGES

## NIRMAL DHAM, DELHI 18th – 22nd MARCH, 2023



"It is nice that you are celebrating My birthday with such enthusiasm, and so much happiness. So nice to see all this, and I want you all to be My decorations! In the whole world they should see that you are My children and that you are of such great values and such great understanding. You are My children. I have really worked for you, in the sense that every moment of My life, I have thought of you. I wanted to work it out in such a beautiful manner that you become really good people, ideal people, special people, with understanding. So, that is the day you should feel that your birthday is being celebrated. When you have completely cleared out, you have become Nirmal, absolutely pure personality of love

- that's the day is your birthday, and mine too!"

- Birthday Puja (New Delhi, India), 21st March, 2001



Jai Shri Mataji ! Dear Brothers and Sisters from all over the world,

Few things make our life as a Sahaj Yogi very special. Like our self realisation, our awakened Kundalini and our state of Nirvichar Samadhi. But when we look back and see the amount of Sadhna and Tapasya we did, to achieve all this, is almost negligible.

Now let us research about it by a very simple method of recalling our realisation history. We got self realisation by the grace of Shri Mataji in a "fraction of second" because we desired that "we should get our self realisation." And we were told "just ask and you will get self realisation". After self realisation we are like any other normal human being but with extraordinary powers and sense of awareness.

We got it very easily but not everyone on this globe. This is possible only and only because of Adi Shakti Mataji Shri Nirmala Devi. Millions got realisation all across the globe with simple prayers and just sitting before the picture of Shri Mataji.

March 21st is the birthday of our Divine Mother who gave birth to this whole humanity, came on this earth in Her complete form and powers. Out of 7.5 billion global population chosen few of us for self realisation. We got realisation, chakras are settled, we are dharmik and living a normal family life. All biggest miracle are happening only and only because of Shri Mataji.

March 21, 2023 will be the 100th birthday of Shri Mataji. And we desire to have a mega event on that day.

On Ganesh Puja we have started our Centenary Celebrations and want to have blessing of Shri Mataji for the success of every event we wish to organise.

Centenary Celebrations part one will be spread of Sahaj Yoga because our challenge is big and we have to give Sahaj Yoga to remaining 7.5 billion population of the world. We have already started district level programmes which will converge to a big State level Public Program on March 19, 2023.

From March 18-22, 2023 we will have five days programs at Nirmal Dham, Delhi. We would like to request all Sahaj Yogis from across the world to come and participate as volunteers in Centenary Celebrations. We aim to invite dignitaries and state representatives on felicitation day on March 20, 2022.

We request you to kindly give feedback and advise for the success of Centenary Celebrations on the contacts given in this Circular.

With Nirmal Love, The Sahaja Collective of Delhi-NCR

# PROGRAM SCHEDULE

DAY 1	18th March, 2023 (Sat)
Morning - Afternoon	Arrivals & Registration
4.00pm - 5.00pm	HAVAN
5.00pm - 5.30pm	MARRIAGE ANNOUNCEMENTS
5.30pm - 6.00pm	Evening Tea
6.30pm - 10.30pm	MUSICAL EVENING
9.15pm - 10.45pm	Dinner

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19th	March,	2023	(Sun)	

#### **MORNING MEDITATION**

#### Morning Tea

Breakfast

Preparation for Public Program

Lunch (Public Program venue & Nirmal Dham)

**PUBLIC PROGRAM** followed by 100th Birthday Felicitation

Dinner

## DAY 2

#### 5.30am onwards

7.00am - 7.30am

8.30am - 10.30am

10.00am - 2.00pm

2.00pm - 3.00pm

5.00pm onwards

9.15pm - 10.45pm





DAY 3 5.30am onwards 7.00am - 7.30am 8.30am - 10.00am 10.00am - 2.00pm 2.00pm - 3.00pm 3.00pm - 5.00pm 5.00pm - 5.30pm 20th March, 2023 (Mon)

MORNING MEDITATION

Morning Tea

Breakfast

MORNING SEMINAR

Lunch

AFTERNOON SEMINAR

Evening Tea

MUSICAL EVENING followed by Cake Cutting

Dinner

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#### 21st March, 2023 (Tue)

#### **MORNING MEDITATION**

Morning Tea

Breakfast

#### **MORNING SEMINAR**

Lunch

MEHENDI

Evening Tea

Dinner

**BHAJANS & MEDITATION** 

**BIRTHDAY PUJA** 

#### DAY 4

5.30am onwards 7.00am - 7.30am 8.30am - 10.30am 10.00am - 2.00pm

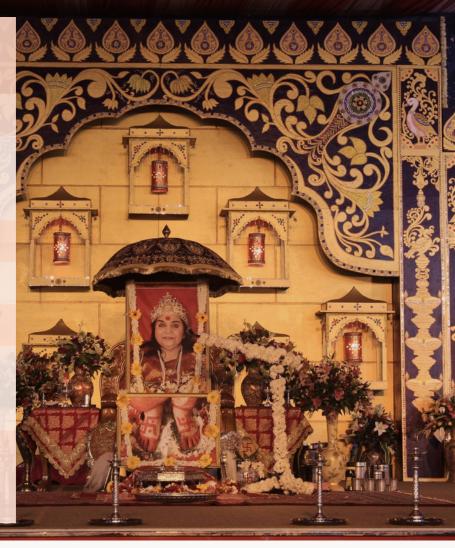
2.00pm - 3.00pm

**3.00pm - 5.00pm** 5.00pm - 5.30pm

8.00pm - 10.00pm

10.53pm onwards

10.00pm - 10.45pm





#### DAY 5

## 5.30am onwards 7.00am - 7.30am 8.30am - 10.30am 10.00am - 2.00pm 2.00pm - 3.00pm Post Lunch 4.00pm - 5.00pm 5.00pm - 6.00pm

#### 22nd March, 2023 (Wed)

#### **MORNING MEDITATION**

Morning Tea

Breakfast

#### HALDI PROGRAM

Lunch

**Preparation for Marriages** 

SHRI GANESH PUJA

SHRI GAURI PUJA & BAARAT

SAHAJA MARRIAGES

9.15pm - 10.45pm

Dinner

## LIVE STREAMING

We hope from the bottom of our hearts that you will be able to attend the 100th Birthday Celebrations of our Divine Mother in India. But if not, please click on the link below to watch all the programs live from Nirmal Dham, Delhi

Collective Morning Meditation (5.30am) and Evening Meditation (6.30pm) is conducted on a daily basis at Nirmal Dham. Please visit the link below if you desire to attend the Meditation sessions online.



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# REGISTRATION

## FOR FOREIGN YOGIS

#### **STAYING**

- For foreign Yogis, all voluntary contributions towards stay and accommodation from 17th - 22nd March, will be collected on arrival only. No prior remittance is necessary.
- Although, as there are limited staying resources at Nirmal Dham, to help us make necessary arrangements for accommodation and other facilities please register using the link below -

#### Foreign Yogi Registration

#### **NON STAYING**

• Foreign Yogis who will not be staying at the facilities provided at Nirmal Dham, Delhi, registrations and voluntary contributions for the Puja can be done on arrival at Nirmal Dham

## FOR INDIAN YOGIS

#### **STAYING (except for Delhi-NCR Yogis)**

- Due to the lack of space at Nirmal Dham, staying is arranged only for yogis and yoginis coming from **outside** Delhi-NCR
- For Indian Yogis, the voluntary contribution for all registrations after 28th February, 2023 up to 'On-Arrival' will be at an increased samarpan amount because for late and last moment registrations additional facilities and infrastructure at increased costs has to be arranged
- For any queries regarding registration and voluntary contribution, please directly contact the following number -

### Finance Team Number: +91 7065088873

 Voluntary contribution towards the Seminar can be made/ remitted directly online by Net Banking, Debit/Credit Card or UPI by clicking the link below -

#### Voluntary Contribution

 Once you have deposited the voluntary contribution amount, please fill out the form by clicking the link below -

Indian Yogi Registration

#### NON STAYING

• Indian Yogis who will not be staying at the facilities provided at

Nirmal Dham, Delhi, registrations and voluntary contributions for the Puja can be done on arrival at Nirmal Dham

## **Please Note**

- Bedding/quilts will be provided for all staying yogis/yoginis.
- The weather will be slightly cold during seminar days, so all yogis/ yoginis are advised to bring warm clothing/ woolens as per their individual need.
- For yogis/ yoginis with the desire to stay at Nirmal Dham before or after the Birthday Puja Seminar, 2023, the voluntary contribution for stay and food before 18th March and after 22nd March will be separate.
- On 21st March 2023, before the Puja, Maha-Prasad (Dinner) will be available for all attendees



# **ABOUT NIRMAL DHAM**

Nirmal Dham holds a special significance in the spiritual growth of each Sahaja Yogi as it is the resting place of our Holy Mother since 23rd February 2011, the day Mother decided to leave the physical aspect of Her most auspicious incarnation.

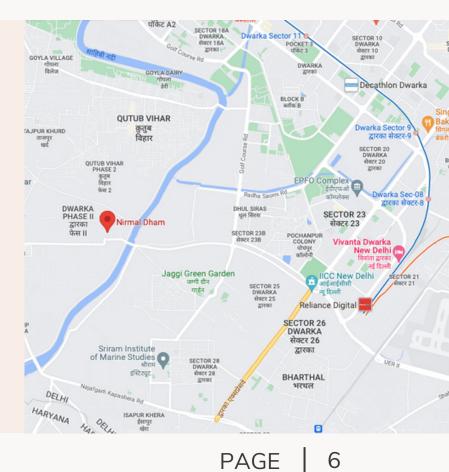
It was on the advice of Shri Mataji and on Her approval, that the Delhi Sahaja Yoga collective arranged the plot of land for Nirmal Dham, to build an ashram. Mother described the significance of the place as a "Dham" i.e, Divine Abode , thus the name "Nirmal Dham" was christened.

From 2000 onwards, several International Pujas & Marriages, graced by Shri Mataji Herself, have been performed at Nirmal Dham. It continues to host National and International Pujas and is one of the main meditation centers for the Delhi collectivity.

## Address

Nirmal Dham, Param Pujya Shri Nirmala Devi Marg, Chhawla Village, Near Dwarka Sector 23, New Delhi – 110071

(Please click on the google maps for link)



## How To Reach New Delhi

Nirmal Dham is located in New Delhi, which is the capital city of India. New Delhi is located in the northern region of India and is easily reachable by air, rail or road.

#### **BY AIR**

New Delhi is well connected with all major domestic and international cites by flight. The airport in New Delhi is <u>Indira Gandhi</u> <u>International Airport</u> (18km from Nirmal Dham) which operates both international and domestic flights.

#### **BY RAIL**

The Indian Railways network connects Delhi to all major and, nearly, all the minor destinations in India. The three important railway stations of Delhi are-

- 1. New Delhi Railway Station (31km)
- 2. Old Delhi Railway Station (33km)
- 3. Hazrat Nizamuddin Railway Station (32km)

From New Delhi Railway Station, one can take Airport Line Metro directly to Dwarka Sector-21 Metro Station or the recently opened Convention Center Metro Station

For all Railways related services please visit www.irctc.co.in to

check train routes, fares and schedules.

#### **BY ROAD**

Delhi is connected to all major cities of India directly/ indirectly by road. Both government and private transport providers provide frequent bus services. The major Bus Terminals are -

- Inter State Bus Terminus (ISBT) at Kashmiri Gate (32km)
- <u>Sarai Kale-Khan Bus Terminus</u> (32km)
- Anand Vihar Bus Terminus (42km)

For private bus services please visit <u>www.redbus.in</u> to check routes, fares and schedules.

## How To Reach Nirmal Dham

Within New Delhi, Nirmal Dham is located at Chhawla Village which lies in the residential sub-city of Dwarka. It is very well connected to different parts of the city by road and metro rail and can be reached from airports, railways stations and bus terminals located in Delhi using the following modes -

#### TAXIS/ CABS/ BUSES

Private cab services and auto rickshaws (Ola, Uber, Blu Smart, local taxis) are available in any part of Delhi. The services are accessible via their respective mobile apps.

At the major transportation hubs, prepaid government regulated taxis are also available. Delhi also has a robust network of Public Bus services

#### DELHI METRO RAIL

New Delhi has an extensive metro rail network which is connected to each and every part of Delhi. The surrounding cities, a part of the National Capital Region (NCR) - Gurgaon, Noida and Faridabad - are also very well connected to Delhi via metro rail.

Nearest metro station to Nirmal Dham is <u>Dwarka Sector-21 Metro</u> <u>Station</u> (5km) from which a free shuttle service to Nirmal Dham will be available. Taxis/ autos from the metro station to Nirmal Dham are also easily available.

For more information, route map, timings etc. you can visit the <u>Delhi</u> <u>Metro Rail Corporation</u> official website



# **IMPORTANT CONTACTS**

We have tried to include all information in the circular, but in case of any additional information, updates or clarifications you can contact us via any of the channels mentioned below -

#### REGISTRATION

Finance Team	+91 7065088873
Sushil Tarikha	+91 9811149431
Maneet	+91 9313442453

#### ACCOMODATION

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#### TRANSPORTATION

Vishal Chaturvedi	+91 9811056745
Nilesh Shaw	+91 7838388090
Viraat Bains	+91 9971072208
Shubham Shivhare	+91 9555127071

#### **NIRMAL DHAM INQUIRIES**

Nirmal Dham +91 7065088874 Manager

#### YUVASHAKTI COORDINATOR

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Email - delhinirmaldham@gmail.com

Visit Nirmal Dham Website

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